



# Southern California Invitational & SPA Summer Championships

## MISSION VIEJO, CALIFORNIA

### MAY 24 – 26, 2008



**Sponsor:** Mission Viejo Nadadores Diving

**Meet Directors:** Derek Starks  
Phone: (949) 380-2538  
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**Meet Referee:** Derek Starks  
E-mail: [derek.starks@gmail.com](mailto:derek.starks@gmail.com)

**Meet Site:** Mission Viejo Aquatics Center, 27474 Casta Del Sol, Mission Viejo, CA 92692-1578

**Rules:** Current USA Diving rules will govern for all JO and Open events. SPA rules will govern all Novice events where all 7 & under age group dives are 1.0 DD, and 8 & over age group dives are 1.0 DD for skill dives (100 or 200 series, 001D, 002D), and all other dives are true DD. JO Divers may dive up in an event as long as they do not dive out of their age group. (e.g. an 8 yr old can dive up in 11&under & 13&under group but not in 14&15 group. 13 yr old can dive up in 14-15 age group only if they will be 14 as of December 31, 2008).

**Diver of the year points will be taken from all groups that a diver dives in.**

**Cuts:** If more than 32 divers in any age group, cuts will be made to top 16. JO events only.

**Open Events:** Qualification for the Open Events:

1. Any diver who has competed at the US Sr. Nationals, Sr. Zones and the US Open
2. Any international diver
3. Age group divers who have qualified for the JO National or East/West National Championships

Each diver will dive one list for each event as follows:

**1m:** Prelim – 5 optionals for women & 6 optionals for men.

Final – “Shootout”. Top 6 will compete up to 5 dives with eliminations each round

**3m:** Prelim – 5 optionals for women & 6 optionals for men

Final – “Head-to-Head”. Top 8 will compete in a head-to-head format until a winner is decided.

**Platform:** 5 optionals for women, 6 optionals for men.

Dive sheets for all levels will be accepted up to 2 hours before the event starts.

**Entries:** Dive sheet and payment submission must be done online through [www.divemeets.com](http://www.divemeets.com). \$25.00 per event. All payments must be received by May 22<sup>nd</sup>. Submissions afterwards are subject to a \$20 late fee.

**Synchro Events:** There will be only 4 events: 13 & Under Boys, 14 & Over Boys, 13 & Under Girls and 14 & Over Girls. Cost per team will be \$20. Dive sheets will be accepted up to 2 hours before the event starts.

**Awards:** Novice, Junior, & Open awards - 1<sup>st</sup> thru 6<sup>th</sup> places. Trophies for synchro teams. High Point Awards for Men & Women.

**Facilities:** Outdoor heated 17ft. Pool, warming tub, One ½ meter, two 1-meter, two 3-meter maxiflex B's on concrete platforms. 1, 5, 7½ & 10 meter platforms with Rough-Tex covering.

**Practices:** Friday, 5/23/08: 12:00 pm – 3:00 pm  
Sat. & Sun, 5/24-25: 6am – 7:30 am & 1 hour after the meet  
Monday, 5/26/08: 6 am – 7:30 am

**Hotels:**

**Holiday Inn**  
25205 La Paz Road,  
Laguna Hills, CA 92653

Contact: Chris Duke  
(949) 586-5000 x 142

3.1 miles from the pool

**Best Value Inn**  
23150 Lake Center Drive,  
Lake Forest, CA 92630

Contact: Sandra Cangelosi  
(949) 855-1000

6.2 miles from the pool

**Marriot Courtyard  
Foothill Ranch/Mission  
Viejo**  
27492 Portola Pkwy.  
Foothill Ranch, CA 92610

Contact: Valter Elicker  
(949) 951-5700

\$129/night Special

# Tentative Event Schedule

**Day 1:** Saturday, May 24, 2008  
**Open Warm up:** 6:00am-7:30  
**First Event:** 8:00am

- Event #1: Novice 14-15 Girls 1m  
Novice 14-15 Boys 1m  
  
Novice 16-18 Girls 3m  
Novice 16-18 Boys 3m
- Event #2: Novice 12-13 Girls 1m  
Novice 12-13 Boys 1m  
  
Novice 10-11 Girls 3m  
Novice 10-11 Boys 3m
- Event #3: Novice 7 & Under Girls 1m  
Novice 7 & Under Boys 1m  
  
Novice 9 & Under Girls 3m  
Novice 9 & Under Boys 3m
- Event #4: Group A (16-18) Girls 1m  
Women's Open 1m – Prelim  
Men's Open 1m – Prelim  
  
Group B (14-15) Girls 3m
- Event #5: Group A (16-18) Boys 1m  
Group B (14-15) Boys 1m  
  
Group C (12-13) Girls 3m
- Event #6: Group C (12-13) Boys 1m  
Group D (11&Under) Boys 1m  
Group E (9&Under) Boys 1m  
  
Group D (11&Under) Girls 3m  
Group E (9&Under) Girls 3m
- Event #7: Men's Open 1m – FINAL (“Shootout”)  
Women's Open 1m – FINAL (“Shootout”)

**Day 2: Sunday, May 25, 2008**  
**Open Warm up: 6:00am-7:30**  
**First Event: 8:00am**

<p>Event #8: Novice 16-18 Girls 1m Novice 16-18 Boys 1m</p> <p>Novice 14-15 Girls 3m Novice 14-15 Boys 3m</p> <p>Event #9: Novice 10-11 Girls 1m Novice 10-11 Boys 1m</p> <p>Novice 12-13 Girls 3m Novice 12-13 Boys 3m</p> <p>Event #10: Novice 9 &amp; Under Girls 1m Novice 9 &amp; Under Boys 1m</p> <p>Novice 7 &amp; Under Girls 3m Novice 7 &amp; Under Boys 3m</p> <p>Event #11: Group B (14-15) Girls 1m</p> <p>Group A (16-18) Girls 3m Women's Open 3m – Prelim Men's Open 3m – Prelim</p> <p>Event #12: Group C (12-13) Girls 1m</p> <p>Group A (16-18) Boys 3m Group B (14-15) Boys 3m</p> <p>Event #13: Group D (11&amp;Under) Girls 1m Group E (9&amp;Under) Girls 1m</p> <p>Group C (12-13) Boys 3m Group D (11&amp;Under) Boys 3m Group E (9&amp;Under) Boys 3m</p>	<p>Event #14: Women's Open 3m – Semifinal A Men's Open 3m – Semifinal A</p> <p>Women's Open 3m – Semifinal B Men's Open 3m – Semifinal B</p> <p>Women's Open 3m – Semifinal C Men's Open 3m – Semifinal C</p> <p>Women's Open 3m – Semifinal D Men's Open 3m – Semifinal D</p> <p>Women's Open 3m – Final A Men's Open 3m – Final A</p> <p>Women's Open 3m – Final B Men's Open 3m – Final B</p> <p>Women's Open 3m – Champ. Final Men's Open 3m Championship Final</p>
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**Day 3: Monday, May 26, 2008**  
**Open Warm up: 6:00am-7:30am**  
**First Event: 8:00pm**

Event #15: Novice 7 & Under Girls Platform  
Novice 7 & Under Boys Platform  
Novice 9 & Under Girls Platform  
Novice 9 & Under Boys Platform  
Novice 10-11 Girls Platform  
Novice 10-11 Boys Platform  
Novice 12-13 Girls Platform  
Novice 12-13 Boys Platform  
Novice 14-15 Girls Platform  
Novice 14-15 Boys Platform  
Novice 16-18 Girls Platform  
Novice 16-18 Boys Platform

Event #16: Group D (11&Under) Girls Platform  
Group D (11&Under) Boys Platform  
Group C (12-13) Girls Platform  
Group C (12-13) Boys Platform  
Group B (14-15) Girls Platform  
Group B (14-15) Boys Platform

Event #17: Group A (16-18) Girls Platform  
Group A (16-18) Boys Platform  
Women's Open Platform  
Men's Open Platform

Event #18: 13 & Under Girls Synchro  
13 & Under Boys Synchro  
14 & Over Girls Synchro  
14 & Over Boys Synchro